

HOW TO HELP DURING COVID 19

Our impact lasts a lifetime. So can yours!

Become a *Brighter Future Funder (BFF)* and join a special group of people reaching out every month to provide safe homes, support services, and community to the at-risk youth we serve. Donate at thresholdhousing.ca/donate and together, we can end youth homelessness and provide brighter futures.

SUPPORT YOUTH WITH A MONTHLY DONATION TODAY!



Covers the cost of an emergency gift card for food. Provides access to essential food items for a youth entering the program or on the waitlist.



Covers the cost of a counselling session. Provides access to mental health support.



Covers the cost of wi-fi for a month. Provides access to virtual counselling sessions; completing school work; staying in contact with friends and family; and job search.



Covers the cost of food for one youth for two weeks. Provides access to healthy and nutritious meals.



Covers the cost of program fees, utilities, and a welcome package for one youth for one month. Provides access to a safe and warm home and the essentials for a youth to live on their own.



Covers the cost of program fees, utilities, & welcome package for two youth for one month. Provides access to a safe and warm home and the essentials for a youth to live on their own.

SHINE A LIGHT ON YOUTH

HELP US SHINE A LIGHT ON YOUTH TO RAISE FUNDS AND PROVIDE AN AT-RISK YOUTH WITH A SAFE HOME.



MESSAGE FROM COLIN TESSIER

As we close in on the end of the calendar year my mind often shifts to reflections on the path that has been travelled over these many months. Inevitably this leads to feelings of deep gratitude in the realization that we really do nothing alone in this world, and our successes are co-created through the interest, support, and love from others. This is certainly true when looking at the growth over the past year for Threshold as an organization, and for the successes experienced by the youth we support in the Threshold program. It takes a village indeed, and we are lucky to be part of such an amazing one.

Driven by the knowledge that there are hundreds of young people experiencing homelessness or at-risk of homelessness in our community, Threshold has continued to push boldly toward expansion of youth-

centered housing and associated supports. We continue to press forward with plans to redevelop our Forrest House site, with the goal of more than doubling the current number of beds and establishing an innovative program model to support it. This is a huge undertaking for Threshold and we are going to need significant support from many stakeholders to see this dream become a reality.

If you are able, please consider including Threshold in your giving this year. Your support helps to make tangible progress toward creating a community where all youth have a safe place to call home and people around them who care for them.

From all of us here at Threshold, we wish you a warm and happy holiday season.

Best,
Colin Tessier
Executive Director

HOW YOU HELPED

IN 2020, OUR DONORS MADE A BIG IMPACT ON THE LIVES OF AT RISK YOUTH.



YOUTH FOUND SANCTUARY, ACCEPTANCE, AND SAFE HOUSING AT THRESHOLD



YOUTH GRADUATED



SAFE BEDS AVAILABLE

PHONE 250-383-8830
EMAIL assist@thresholdhousing.ca
WEBSITE thresholdhousing.ca/donate
facebook@ThsVic
twitter@ThsVic
instagram@ThsVic



THANK YOU TO OUR SUPPORTERS!

Victoria Foundation, Anglican Diocese of British Columbia, Bastion Square Revitalization Association, Hour Movers, Pondering Turtles, Saasquatch, Silk Road Tea, The Kiwanis Pavilion, Victoria Darcy's Pub, City of Victoria, Country Grocer, Victoria Real Estate Board.

SAFE HOMES, BRIGHTER FUTURES

HELP END YOUTH HOMELESSNESS

Invest in today's youth & leave a legacy for the future.

CONTACT 250-383-8830 OR VISIT [THRESHOLDHOUSING.CA](https://thresholdhousing.ca)



EXCITING NEWS!

A feasibility study is underway for Forrest House redevelopment. We hope you are as inspired as we are by the vision for this project.

The Forrest House redevelopment project will set a new standard for youth housing in Victoria and beyond. Forrest House is a safe, welcoming, inclusive space for residents, staff and the community.

Why is this exciting?

The stars are aligning...

- Threshold Housing Society received a grant to complete a feasibility study to potentially increase the number of beds at Forrest House from 8 to 18. That's affordable housing and program support for an additional 10 vulnerable youth.
- This will offer a model for us and other agencies to help address the staggering gap in beds for youth at risk
- The site is located along a major transit hub that provides quick connections to downtown and the university.
- It is surrounded by many thriving businesses within a 5-minute walk, including two grocery stores and Oak Bay High School.
- Located near a vibrant community hub bordering the City of Victoria and the District of Oak Bay, the building is aging and located in a region where redevelopment is beginning to occur, creating a prime opportunity to increase the unit density on the site.

What's happened so far?

We've been at work with the community...

- A consultant team of architects, cost consultants, universal design experts and community engagement professionals have been working alongside Threshold and a community stakeholder group to develop a design concept.
- Community ideas and support for the concepts have been amazing!



What happens next?

We are working with stakeholders and the community to confirm the concept design. Then our consultants will analyze the feasibility of the building before we begin fundraising for this important project.

To learn more, please visit thresholdhousing.ca/forresthouse or contact our Development Manager at Jasmine.C@thresholdhousing.ca

PROGRAM PERSPECTIVE

Here we are nearing the end of 2021 and it feels strangely like the program experience of 2020. Covid-19 is still shaping the way we deliver services to youth, and work in general. Our team has continued to do amazing work, in our houses and community apartments, all while following our safety protocol to keep everyone in the Threshold program as safe as possible.

Lack of community and group supports are experiences that many of our youth struggle with. Through Covid we have become creative in providing examples of

this as best we can. Weekly house dinners at Threshold House, a DBT (Dialectical Behaviour Therapy) support group for our youth, and a cultural drum making workshop are a few examples of how staff have creatively adapted our services to our ever-shifting environment.

There are two new supports that we have added this year that I am excited to mention. Clinical Counselling is often an expensive, waitlist driven support that is out of reach for most of our at-risk youth. I am happy to announce that we have added an in-house Registered Clinical Counsellor to support the youth in the program. We have also added a Support Worker staff to help our Youth

Engagement Liaisons with the busy day-to-day transport, life skills, and appointments that take away from their case management duties. This allows us to continue filling in the gaps in supports, that have been significantly impacted by the pandemic.

Our staff are gearing up to make another holiday season a magical one for the youth at Threshold. We're grateful to all those who help make this season memorable, whether its with backpacks, stockings, home-baked goods, or decorations at the homes.

Thanks,
Jason Walsh
Program Director



SHINE A LIGHT ON YOUTH HOMELESSNESS

This holiday season, we are shining a light on youth homelessness. We believe that every youth in our community deserves a safe place to call home — to find sanctuary and acceptance. Your support can help provide at-risk youth with a safe home and a strong support network that can change the trajectory of their life, and even have a generational impact on their family. By supporting at-risk youth, you are helping prevent future adult homelessness.



How can you help?

We have partnered with Silk Road Tea to create 12 days of tea gift boxes. We are thrilled to announce that this year you can go into your nearest Country Grocer to purchase a tea box in store. These are also available for purchase online at thresholdhousing.ca/product/tea, by emailing our Development Manager Jasmine Campbell at Jasmine.C@thresholdhousing.ca, or by calling us at 250-383-8830. These make the perfect gift during the holiday season and all proceeds come to Threshold Housing.

To learn more or donate online, please visit us at thresholdhousing.ca