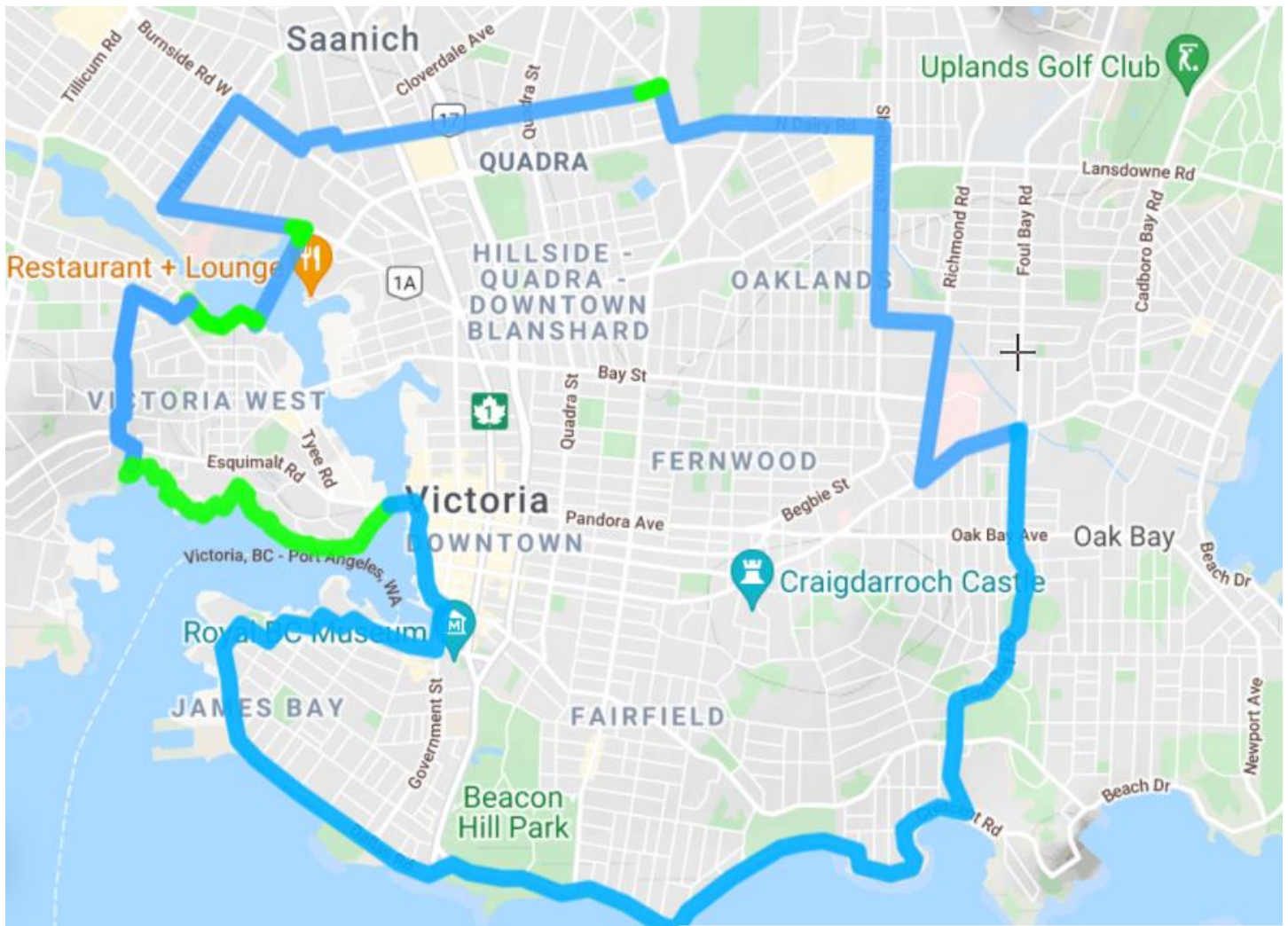


## Do The Loop!

### City of Victoria

See below for our 25KM run/bike/relay route around the municipal borders of the City of Victoria. This beautiful route travels some of the City's best features: the Selkirk Trestle, Bamfield Park, past the Legislature and Empress Hotel, and along the Dallas Road waterfront. **Note:** If you plan to bike, we have an alternative 25km "Capital Bike Safe Cycling" route that is much safer and easier for bikers! **Also Note:** Route below is 25.1KM, to be exact

Details: You can Do The Loop in either direction, and start from any place on the map. Make sure to track your loop using Strava or any other GPS app! Send us your personal loop when you're finished.



Blue: Road + sidewalk

Green: Pathway



**Directions:** (Start at Oak Bay Recreation Centre or Corner of Fort St & Foul Bay)

1. Take Fort St (west) to Richmond Rd
2. Turn right (north) at Richmond Rd
3. Turn left (west) at Kings Rd
4. Turn right (north) at Shelbourne St
5. Turn left (west) at North Dairy Rd
6. Take North Dairy to Cook Street
  - Note: North Dairy turns into Finlayson at Cedar Hill Golf
7. Turn right (north) on Cook Street
8. Turn left (west) on Tolmie
  - Note: there is a small dirt trail up the hill that connects to Tolmie
9. Take Tolmie to Dupplin
  - Note: Tolmie narrows through an industrial area, then turns north, before crossing Dupplin.
10. Turn left (west) at Dupplin
11. Turn right (north/west) at Burnside
12. Turn left (south/west) at Harriet
13. Turn left (south/east) at Gorge Rd
  - At the south end of the bridge over the Galloping Goose, there is a pathway down to the Galloping Goose Trail.
14. Turn right at the pathway to Galloping Goose Trail
15. Turn left (south) on the Galloping Goose Trail – take Selkirk Trestle over the water
16. After the Selkirk Trestle, turn right on the Galloping Goose and go through Bamfield Park
  - Exit the park on Styles Street
17. Turn left (south) on Styles Street
18. Turn right (north/west) on Craigflower Rd
19. Turn left (south) on Dominion Rd
  - Dominion turns into Hereward Rd
  - Hereward intersects with Wilson Street, but continues south (called Dominion Rd again) just slightly west of the intersection.
20. Turn left (east) on Esquimalt Rd
21. Turn right (south) on Barnard.
  - Take the pathway down to the Songhees Walkway.
22. Turn left (east) on the Songhees Walkway
  - Take Songhees Walkway all the way to the Johnson Street Bridge
23. Cross the bridge!
24. Turn right (south) on Wharf Street.
  - Wharf merges with Government Street.
25. Turn right on Belleville St
26. **Follow the road along the water (Belleville, St. Lawrence, Dallas) all the way to Foul Bay Road**
27. Turn left (north) on Foul Bay.
28. FINISHED!